



## BUFFET BREAKFASTS

#### CONTINENTAL

Minimum 10 guests

- · Croissants, chocolate croissants, danishes
- · Sliced fruit and assorted yogurts
- · Québec cheeses, cold cuts, cretons and condiments
- · Orange, apple and grapefruit juice
- · Butter and homemade jams
- · Coffee, tea, herbal tea

#### **HEALTH-SMART**

Minimum 10 guests

- · Plain yogurt martini with seasonal berries, maple syrup and granola
- · Québec cheeses, five-grain crackers, mixed nuts and dried fruits
- · Sliced fruit
- · Seasonal homemade breakfast bread (banana, pumpkin, cranberry)
- · Soft -boiled eggs
- · Homemade muslix
- · Multigrain toasts
- · Butter and homemade jams
- · Coffee, tea, herbal tea





BREAKFASTS



## BUFFET BREAKFASTS



#### **GRANDE ALLÉE**

Minimum 30 guests

#### Cold

- · Viennoiseries
- · Sliced fruit and assorted yogurts
- · Québec fine cheeses
- · Cretons and charcuteries
- · Homemade muslix and cereals

#### Hot

- · Scrambled eggs
- · Fried potatoes
- · Bacon, sausage and Beauce maple ham
- · Toast, butter and homemade jams
- · Orange, apple and grapefruit juice
- · Coffee, tea, herbal tea

#### Choice of one of the following:

- · Benedict egg with asparagus and hollandaise sauce
- · Tortilla with smoked salmon, cream cheese, chive, capers, spinach, poached eggs, bechamel sauce
- · Western omelet
- · Oven-cooked sunny side up eggs
- · Potato frittata with onion, Beauce region bacon and Bergeron cheese

#### Choice of one of the following:

- · Apple and raisin French toast, cinnamon sugar and apple compote
- · Maple butter crepes
- · Buttermilk pancakes, maple chunks, apple butter
- · Crepes with seasonal fruit, caramel sauce
- · Vanilla and maple sugar brioche pudding

#### **Beverages**

- · Orange, apple and grapefruit juice
- · Coffee, tea, herbal tea





## BUFFET BREAKFASTS

### BRUNCH FORMULA

Convert your Sugar Shack buffet to a brunch by adding main courses from the « Half and Half » section in the Lunches & Buffets menu.

> 30-50 pers.: 1 choice 51-100 pers.: 2 choices More than 101 pers.: 3 choices

Click here to see main courses choices

#### **SUGAR SHACK**

Minimum 30 guests Served as a buffet or in the center of the table

#### Cold

- Basket of brioches, maple danish and country bread
- · Butter, homemade jam and peanut butter
- · Sliced fresh fruit with seasonal berries, maple nuggets
- · Cretons, rillettes, homemade head cheese and Québec regional cheeses
- · Fruit ketchup, mustard and pickled beets
- · Maple lacquered house smoked salmon

#### Hot

- · Scrambled eggs with vegetables
- Maple syrup poached eggs
- · Beauce region smoked bacon, wild game sausage, bone-in cooked ham
- · Roasted sliced potatoes with bacon and onions
- · Baked beans
- · Maple butter crepes
- · Maple taffy on maple ice cream

#### **Beverages**

- · Assorted juices
- · Coffee, tea, herbal tea

#### **HEALTH-SMART LAURIER**

Minimum 30 guests

#### Cold

- · Non-fat Greek yogurt assortment
- · Sliced fruit
- · Homemade muslix and cereals
- · Multigrain bagel and Vitalité bread
- · Home-smoked salmon
- · Chive cream cheese
- Selection of Québec cheeses with5 grain crackers
- · Healthy muffins
- · Butter and homemade jam

#### Hot

- · Scrambled eggs
- · Soft-boiled eggs
- · Homemade vegetables and legumes patty
- · Roasted potatoes with flaked almonds

#### Choose one of the following:

- · Egg whites frittata on tortilla, fine herbs, light cheese and tomatoes
- Buckwheat crepes, seasonal berries and maple syrup
- Poached egg with spinach and cheese au gratin

#### **Beverages**





## PLATED BREAKFASTS

#### **TRADITIONAL**

Minimum 10 guests

- · Bacon, breakfast sausage
- · Fried potatoes
- · Glass of orange juice

#### On the middle of the table:

- · Basket of toasts and viennoiseries
- · Butter and homemade jam
- · Fresh fruit platter
- · Coffee, tea, herbal tea or milk

## Choose one of the following (extra for 2 choices):

- · Poached eggs Benedict
- · Poached eggs Florentine
- · Scrambled eggs with fine herbs
- · Two baked eggs (max 50 guests)
- Verrine of scrambled eggs with spinach, house smoked salmon, tomatoes and fresh goat cheese
- · Western style frittata served in a tortilla
- · Benedict egg with St-Antoine cheese, bacon and arugula
- · Golden brioche with a rhubarb and apple compote, salted caramel
- · Buckwheat pancake, scrambled eggs, crème fraîche, smoked salmon
- · Maple poached eggs, ham and country bread, maple butter crepes







## PLATED BREAKFASTS

#### CONTINENTAL

Minimum 10 guests

- · 2 Québec cheeses (20 g of each)
- · Yogurt with fresh fruit and granola
- · Croissants, chocolate croissants
- · Butter and homemade jam
- · Orange juice
- · Coffee, tea, herbal tea or milk

#### FEELGOOD BREAKFAST

Minimum 10 guests

- · Toasted bagel with jam and honey
- · Oatmeal with apples, raisins and cinnamon
- · Orange juice
- · Coffee, tea, herbal tea or milk

## HEALTHY, GLUTEN AND LACTOSE-FREE

- · Fresh fruit martini
- · Two soft boiled eggs
- · Verrine of lactose free yogurt with fruit
- · Homemade baked beans
- · Grilled gluten and lactose-free bread
- · Orange juice
- · Coffee, tea, herbal tea or lactose-free milk

#### **QUÉBEC PLATE**

Minimum 10 guests

- Smoked bacon and Mamirolle cheese omelet
- · Potatoes and baked beans, sliced ham rump
- Maple butter crepe with seasonal fruit
- · Toasted country-style bread, cretons and jam
- · Apple juice
- · Coffee, tea, herbal tea or milk

#### **BREAKFAST MARTINI**

Minimum 10 guests

- · Seasonal berry smoothie with flax, sunflower and pumpkin seeds
- · Multigrain toasts
- · Fresh fruit cup
- · Orange juice
- · Coffee, tea, herbal tea or milk

#### Choose one of the following:

- · Scrambled eggs with herbs, tomato and basil confit, crispy bacon, seasoned potatoes and Mornay sauce
- Poached egg with rösti, ham, spinach, hollandaise sauce





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